

The Parish Door

Shepherd of the Bay Lutheran Church, Ellison Bay Wisconsin

A Stephen Ministry Congregation

www.shepherdofthebay.org sotb@dcwis.com 920-854-2988

February 2012

You Are Invited

Sunday February 5th After the 9:00 AM Service

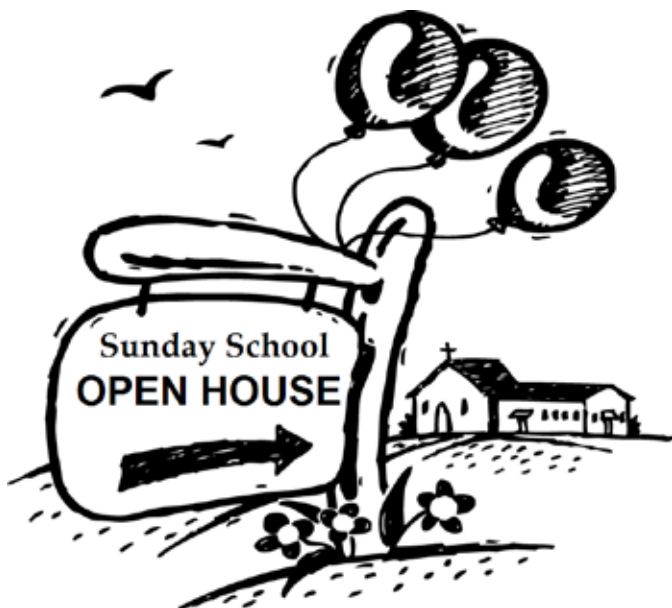


Pancake Breakfast

Everyone in the congregation is invited to a Pancake Breakfast on Sunday February 5th following the first church service.

The breakfast is free but donations are welcome to support the Senior High Trip in July. Thrivent funds have been applied for.

Education Open House Sunday February 5th



The Sunday School is hosting an open house right after the pancake breakfast. The Sunday School invites you to come up stairs and see what is going on in our education program! Please join us!

Mid Week Lenten Worship



Six Christians In Search of Character

What kind of Christian are you? The Christian church is full of many different kinds of people. That is a given. But how do you divide them up? And, more importantly, what are their strengths and weaknesses?

In our Lenten worship this year, we will put up mirrors into which you will be invited to look to see yourself, perhaps for the first time. As has been our custom in the past, the sermons will be plays put on by the youth of the congregation. Each week we look at a different kind of Christian and how each one connects to the faith and relates to the family of the church. Be prepared to be at times amused and challenged by what you might find out about yourself.



Warm Meals For Lent

In addition, we will again be having wonderful meals preceding each service at 6 PM. The first week, for Ash Wednesday, we will have our soup potluck, followed each week by a hearty warm meal that will be guaranteed to fill you up. Each meal will only cost you \$5 and, because we want to encourage families with children to join us, any family with school age children eats for \$5 for the whole family.

Lent Begins on Wednesday

February 22nd

The Warm Meal is at 6 PM and

The Service is at 7 PM

THE CAKE AUCTION was a great success. We raised \$2300 and everyone had a great time watching and participating in the auction. The proceeds and matching Thrivent Funds are designated for the Koinia Food Pantry. This is the food pantry that serves the Northern Door area. There is a great need for food here in our home area.



Faces of Hope

The FEBRUARY GENERAL MEETING will be held on February 7 at noon. This is one of the two General Meetings of WELCA. Following the potluck luncheon we have a short business meeting and a missions program. During this meeting Cheri Boock will show a video and tell of her experiences in the Lutheran Church Mission Field in Bogota, Columbia. The program is titled “Faces of Hope” and shows the current situation and needs of the displaced persons and families of Columbia. Please plan to attend - bring a dish to pass and bring a guest.

REMEMBER-- Cookbooks and Dishcloths make wonderful gifts at any time of the year. Both can be purchased at the table in the entrance to the fellowship hall between the church services.

FEBRUARY EVENTS AND OPPORTUNITIES

FEBRUARY 6, 13, 20, 27- Bible Study with Angela – 9:00 A.M. – Parlor

FEBRUARY 2, 9, 16, 23 – Mission Projects – 9:15 A.M. – 2:00 P.M.

FEBRUARY 7 – GENERAL MEETING – Noon – Potluck and “Faces of Hope” Program

FEBRUARY 14– BOARD MEETING – 1:00 P.M. - Parlor

FEBRUARY 16 - BOOK GROUP –9:30 A.M. - Parlor discussing “The Language of God.”

FEBRUARY 21- Bible Study with Vernamae – 1:00 P.M.

FEBRUARY 23 – SCAND BIRTHDAY PARTY - 2:00 P.M.

WOMEN’S SERVICE GROUP – FEBRUARY is DONNA HENNING – Call her at 854 - 7981 if you know of someone who could use our temporary help with meals.



The Stephen Ministry program at Shepherd of the Bay Church provides high quality, confidential Christ-Centered care and support to people experiencing grief, divorce, illness, job loss, loneliness, disability and other life difficulties.

Since 1975 the Stephen Ministry organization in St. Louis, MO has helped 11,000 congregations implement Christian Care. These congregations represent more than 150 denominations from all 50 states and 24 other countries. Shepherd of the Bay ELCA Church is proud to be a Stephen Ministry congregation.



CARING SHEPHERDS continues to keep the members of our church who cannot attend church on a regular basis connected to the love of Christ through fellowship with other church members. The CARING SHEPHERDS committee is looking for a few more members of the congregation to join this project and continue our lay ministry to our congregation. Please let us know if you would like to be a CARING SHEPHERD!

DVD's of our 9:00 service are being sent to members who are living in other states because of health issues or other reasons. We have heard from these members that the DVD's are wonderful and are keeping them connected to the church, the activities and events. DVD's of each church service are available FREE to be checked out by anyone who feels they would like to share our first service with another member who was not able to attend. The DVD's are located in the narthex on the small table by the bulletin board. The DVD Players are available free of charge by checking one out in the office.

Be shepherds of God's flock...
1 Peter 5:2a

The next CARING SHEPHERDS committee meeting will be held on Friday, FEBRUARY 10 at 9:30 A.M. in the Sunroom of the Meadows of Scandia Village Good Samaritan.

If you know of someone who could benefit from having a CARING SHEPHERD or if you would like to join the CARING SHEPHERDS TEAM, please contact Cheri Boock at church or at 854-5493.



FEBRUARY IS WOMEN'S HEART HEALTH MONTH

If you ask a group of women what is the most serious threat to their health, most would respond “breast cancer”. Wrong! Heart disease is the #1 killer of women in the U.S., taking more lives than all of the cancers combined. 1 in 2 women will die of cardiovascular disease. Cardiovascular disease consists of high blood pressure, stroke, disease of the heart valves and coronary artery disease. Coronary artery disease kills the most women. A cardiac exam should be part of a woman's preventative health routine, in addition to PAP smears and mammograms.

What are the risk factors for coronary artery disease/heart disease?

- * Physical inactivity: Get up and get moving.
- * Family history: a parent or sibling with heart disease.
- * High blood pressure: It is the “silent killer” because there are no symptoms. After age 55, a much higher percentage of women than men have high blood pressure.
- * Smoking: Resolve to quit. Heart attack risk is 2-6 times greater in smokers. Second hand smoke increases your risk of heart disease by 30%. Women who smoke and take birth control pills have a 21% increase in heart attacks.
- * Obesity: Obesity isn't an appearance issue, it's a health issue.
- * Diabetes: Women with diabetes have a higher risk for heart disease than men with diabetes.
- * High cholesterol: A suggested cholesterol level is 100 plus your age.

Why do more women than men die of heart disease? The 2 main reasons are:

- Women are not aware that heart disease is the main killer among women and fail to recognize the symptoms and to seek treatment.
- Women with heart disease present differently than men. Men with heart disease experience crushing chest pain beneath the breastbone. The most common symptom of women with heart disease is fatigue. More subtle symptoms are jaw pain, arm pain, indigestion/heart burn. These symptoms often lead to a wrong diagnosis, such as a toothache, or gall bladder disease when, in fact, it is heart disease.

CHIP PROGRAM

Sunday February 5th at 4 PM at Shepherd of the Bay

Bullying and Date Violence

Jessica Holland

Youth Advocate for Help of Door County



MUSIC NOTES from Gladys Austgen, Minister of Music

Think of this for Valentine's Day. "Love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind and thy neighbor as thyself." Luke 10:27

Thank you to all those wonderful giving people who gave of themselves to serve the Lord with their musical talents at SOTB in January. Thank you to Jan Mielke, Scott Henry, John Skogsbakken, Claire Baack, Mike Davis, Valerie Austgen, Fawn Fitzgerald, Naomi Rowley, Carl and Judy Jackson, the Worship Team, the Handbell and Sanctuary Choirs. They provided musical leadership for every Sunday Service plus gave a wonderful concert at the Meadows in the Gathering Room.

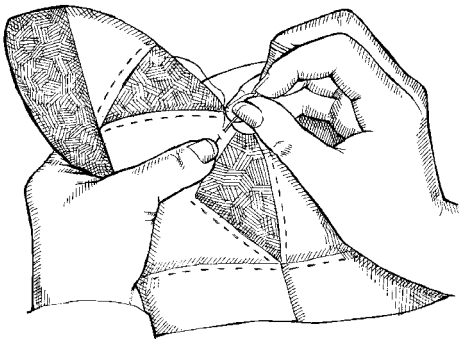
In the month of February we worship our God through the end of the Epiphany Season, celebrate Ash Wednesday, marking the beginning of the Lenten Season. Lent begins with a solemn call to fasting and repentance as we begin our journey to the baptismal waters of Easter. You are welcome to join the Handbell and/or Sanctuary Choir as we prepare music for this season.

Our Lenten Musicales begin on Sunday, February 26, 2012 at 4 PM with Carl and Judy Jackson. Invite your friends to share in this time of wonderful meditative Lenten music.

"NOTE" for today: Every time you see another person --- you see another opportunity to make someone's day brighter.

I love you all, value your input, and covet your prayers. Gladys 839-5302

QUILTING ANYONE?????



QUILTING GROUP

If you have been thinking about joining the quilters on Thursdays, **PLEASE DO IT!!!!!!**

We only ask one thing – In order for us to have enough tables set up to be sure there is a place for you to work, we ask you to please call Bunny Sheahen at 854-9204 and let her know! This will be very helpful to us and will assure that we have room for you to work. She can also tell you if you need to bring your own lunch or if there will be a big pot of soup for everyone. This happens every once in awhile!!!! We have a good time together and would love to have you come and help us break last winter's record of 104 quilts. Just **LET US KNOW!!!!** See you on Thursday – between 9 and 9:30 a.m.

P.S. If you own a **LARGE** needle with a large eye – bring it along!!!

Members of the Congregation Asked for the Explanation of the Twelve Days of Christmas Used at the Women's Christmas Lunch

The Twelve Days of Christmas (song)

Meaning

A bit of modern folklore claims that the song's lyrics were written as a "catechism song" to help young Catholics learn their faith, at a time when practicing Catholicism was criminalized in England (1558 until 1829). There is no primary evidence supporting this claim, and no evidence that the claim is historical, or "anything but a fanciful modern day speculation." [1] The theory is of relatively recent origin. It was first suggested by Canadian English teacher and hymnologist Hugh D. McKellar in a short article, "How to Decode the Twelve Days of Christmas," published in 1979. In a later article published in the music journal *The Hymn*, he reiterates that the associations are his. [24] The idea was further popularized by a Catholic priest, Fr. Hal Stockert, in an article he wrote in 1982 and posted online in 1995. [25]

Variations in lyrics provide further evidence against the "catechism song" origin. For example, the four Gospels are often described as the "four calling birds," when in fact the phrase "calling birds" is a modern (probably 20th century) phonetic reinterpretation of "colly birds" (blackbirds). [25]

Regardless of the origin of this idea, a number of Christians give the following meanings to the gifts: [26]

"The Twelve Days of Christmas" as a Catechism Song

Gift	Interpretation
A partridge in a pear tree	Jesus
Two turtle doves	The Old and New Testaments
Three French hens	The three kings bearing gifts
Four calling [sic] birds	The four Gospels
Five gold rings	The Torah or Pentateuch, the first five books of the Old Testament
Six geese a-laying	The six days of Creation
Seven swans a-swimming	Seven gifts of the Holy Spirit
Eight maids a-milking	The eight Beatitudes
Nine ladies dancing	Nine fruits of the Holy Spirit
Ten lords a-leaping	The Ten Commandments
Eleven pipers piping	The eleven faithful Apostles
Twelve drummers drumming	The twelve points of the Apostles' Creed

Endowment Fund - Making a Legacy

Everyone would like to leave something behind to be remembered by. For many of us it will be our children; for others businesses or careers that made a difference.

But for any of us, we can leave a legacy, great or small through the Mission Endowment Fund of Shepherd of the Bay. Any contribution to this Fund will mean that you will be contributing to Christian Mission long after you and every member of this congregation alive today have died. Make a difference, give to the endowment fund.

Music for the Lenten Journey

THREE SUNDAY MUSICALES

Musicians of our church will present a series of three musicales at four o'clock on Sunday afternoons during Lent. Providing a time for reflection through music appropriate to the season, each concert will be approximately 30 to 40 minutes in length.

Sunday, February 26 – Judy and Carl Jackson,
pianists

Sunday, March 11 – Sanctuary Choir and Bells
Gladys Austgen, director

Sunday, March 25 – Naomi Rowley, organist
Assisted by Mary Bell, flute

Plan to include these musicales as part of your Lenten experience, and invite friends too! There is no admission charge.

Annual Meeting

We had our annual meeting on January 29th. Besides passing our budget as outlined in the last stewardship letter, we also elected members to various committees of the church. The two new members of the church council are Judy Nelson and Barb MacDonald. Also three members were elected to their second two year terms. The church council wishes to thank Rita Brandt and Sandy Synnes for their service during the past four years on the council.

Stewardship

We had a very good December and ended the year strong. However, as is usually the case, January has been a very poor month. The cycle of feast or famine is a common one and has been the pattern in this congregation for many years. That habit would be a good one to break. Please consider giving regularly each month to make the financial situation of the congregation less of a roller coaster ride!

Youth and Family Ministry from Jane



God's Blessings to our fifth graders who shared a celebration meal and First Communion with their families: Gabriel Lettie, Kayla and Krista Follingstad, Kayla Olson, Gretchen Chomeau, Ryan Kropuenske, Jon Kordon, Evan Henry, and Brielle Fitzgerald. Thank you to all of the people who made the meal possible by providing all of the food: Georgine Kretzmann, Marilyn Stone, Jane Whiteman, Naomi Rowley, Carol Williams, Virginia Henz, Sherrie Lettie, Eloise Lindem, Sharon Cobb, Ronnie Robinson, Alice Volden, Carol Weber, Beverly Rodaer, Audrey Grasse, Kristine Kordon, and Pastor Foster. Thank you to Eloise Lindem, Carol Weber, and Angela Foster for help with serving and clean up. Thank you to Jon Kordon for helping out with last minute details. Thank you to Fawn Fitzgerald and Julia Chomeau for providing a snack during classes.

Thank you to Shirley Rosenquist for her continued commitment to read at Little Lambs each week. If you know of any young families with preschool children, please tell them about our story hour. It's a great introduction to our church.

As part of our Milestone Ministry and our promise at baptism, children baptized in 2011 were presented with music DVD's in celebration of their baptismal birthday.

Thank you to everyone who has supported the senior high in their 30 hour famine. It was a busy 30 hours with volunteering at Bargains Unlimited, Habitat ReStore and cleaning the church nursery. See attached report by the youth. Thank you to Joe Jo's for the donation of pizza, Phyllis Fitzgerald for her now famous brownies, and Shane Solomon for assisting me during the 30 hours and organizing the games. All donations to World Vision should be in by February 5. The senior high youth will be selling concessions at the intermission of Door County Idol on February 11. If you like to bake, please consider donating a pan of bars or 4 dozen cookies. Donations should be to church by noon on February 11, and labeled D.C. Idol. The money they raise will go to World Vision. Our annual pancake breakfast will be February 5, following the 9:00am service. There is no charge for the breakfast, but any donations will go towards the senior high trip to the E.L.C.A. National Youth Gathering in New Orleans. Thrivent funds have been applied for. Gibraltar students were treated to hot chocolate. Thank you to Eloise Lindem for help with serving. Thank you to Carol Ash, Liza Johnson, and Kristi Appel for providing snack for confirmation youth in January.

Camp Brochures are here. Check out all of the opportunities they offer for all ages.

30 Hour Famine Report 2012 from Senior High Youth

At 12:40 pm on Thursday, sixteen of us stopped eating for 30 hours. At 6pm we met at church and began learning about the hardships those in developing countries face. To learn about the obstacles many children are facing today we played engaging games. During one of the games we learned that more people around the world have active cell phones than access to a toilet. We also learned the troubles of water supply in developing countries with a competitive, but educational relay involving a ladle, a Styrofoam cup, and a large cup, which ended with wet clothes and a better understanding of the challenging efforts that many go through to merely find water (and not necessarily clean water).

Famine Report - continued

Using such examples we went late into the night alternating between readings and energetic games. We watched a moving video about how impoverished children often are the head of their families because of destructive yet preventable diseases like AIDS and malaria. After reflecting on the evenings activities, which also included cleaning the church nursery, we went to bed.

Friday morning we took Christ's love one step further and volunteered at Bargain's Unlimited. The organization was extremely welcoming and was happy to have us. As a group, we reorganized merchandise in the store and sorted and priced the linens. After that, we traveled to Habitat for Humanity and helped organize items in their Restore. For those of you looking for a place to dispose of old electronics, Habitat has an E-waste program where you can bring items for \$5.00 each. The items are taken away in a semi trailer and recycled. Habitat receives money back from the materials that can be reused. We also stuffed and addressed envelopes for a huge mailing to their volunteers. Through our service work, we formed stronger relationships with each other and learned that volunteer work can also be fun.

We ended our 30 hour famine with pizza and gelato compliments of Joe Jo's and brownies made by Phyllis Fitzgerald. We want to thank them for their donation and also thank Shane Solomon who spent the 30 hours with us and organized the games.

Thank you, for your awesome support. We really appreciate it. We will also be selling concessions at the intermission for the Door County Idol to benefit World Vision. If you like to bake, we encourage you to donate a pan of bars or cookies. There will be a sign up sheet in the back of church.

Please have all of the donations for the 30 Hour Famine to church by February 5. Checks should be written to World Vision.

Sunday School News from Carol Ash



Sunday School News

On January 8th we celebrated coming back to Sunday school by having cake and watching a DVD of the Christmas program. If anyone would like a copy of the DVD, please let me know.

Thank you to Joel Thomas for helping with Children's church and to Jen Dahl and the 6th grade girls that helped with music on January 15th while my family was out of town. It is so nice to have reliable people to count on!

On February 5th the children will once again be allowed to wear their pajamas to Sunday school. After first service please join with your children and enjoy the pancake breakfast together. Sunday school will start at 10:30 that day for a shortened version of Sunday school. There is an open invitation for members of the church to come up and join in a Sunday school class or take a minute to look around and see what we do. We have held an open house for the last two years and each year only a handful of people take us up on our invitation. This year please consider seeing the rest of the church! We would LOVE to see you!

Minutes of Shepherd of the Bay Church Council Meeting
January 16th, 2012

Present: Pastor Foster, Stan Whiteman, Jane Burress, Sandy Synnes, Rita Brandt, Kaye Christman, Alicia Kropuenske, Ken Bergner, Lawrie Kull, Frank Weber, Ron Hupe & Carl Jackson as observer.

Pastor Foster opened the council meeting with prayer.

Minutes of the December 19th, 2011 council meeting approved by Stan Whiteman, seconded by Sandy Synnes. Motion carried.

Ron Hupe presented the Treasurer's Report. The report listed data as of year end December 31, 2011. The report consisted of the Balance Sheet showing Assets and Liabilities, the Revenue Statement and Debt Reduction Pledges. December was one of the highest giving months year to date. The Annual Report will have the final numbers for the congregation to review. A motion to accept the Treasurer's report was made by Ken Bergner, seconded by Pastor Foster. Motion carried.

Sandy Synnes reported no additional news for the worship committee since they did not meet prior to our Council Meeting. Pastor reported that the attendance for the early & late Christmas Eve services are now equal in numbers.

Jane Burress reported on the Education & Youth Committee. The 5th grade class is participating in their first communion classes with Pastor Foster and will conclude with a meal for the families. The senior high youth will be participating in the 30 hour famine and doing volunteer work during those hours. The bread fundraiser was very successful for the senior high youth.

The Property & Grounds report was given by Ken Bergner. The humidifiers were repaired and there is now discussion on redoing some items in the kitchen. They are also planning to repair the outdoor shed once the weather warms up.

Pastor reported that we will be looking at pew card racks to hold the new pew cards that have been designed to help us welcome new visitors to our church.

The Health and Wellness report was given by Kaye Christman. She reported that there has been one CHIP program since the last Council Meeting. This was part 1 in a 3 part series. The Parish Nurse, Cathy Johnson, made several home visits, nursing home visits and many phone calls this past month. She is available after the first service for any questions.

The 2012 Budget was reviewed by the Church Council and additional mission disbursements were discussed. A motion to accept the 2012 budget and present it to the congregation at the Annual Meeting on January 29th, 2012 was made by Stan Whiteman and seconded by Lawrie Kull. Motion Carried.

We would like to thank Rita Brandt and Sandy Synnes for their dedicated service on the church council. Their four years on the council are complete and those positions open for nomination.

The meeting was brought to a close with the Lord's Prayer.

Respectfully Submitted,
Alicia Kropuenske

Lessons and Prayers

February 5: Fifth Sunday after Epiphany

First Lesson: Isaiah 40:21-31

Second Lesson: 1 Corinthians 9:16-23

Holy Gospel: Mark 1:29-39

Prayer of the Day: Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord. Amen.

February 12: Sixth Sunday after Epiphany

First Lesson: 2 Kings 5:1-14

Second Lesson: 1 Corinthians 9:24-27

Holy Gospel: Mark 1:40-45

Prayer of the Day: Almighty and ever-living God, with mercy you look upon our weaknesses. Stretch out your wondrous hand to protect us from danger and restore us to health, through Jesus Christ, our Savior and Lord. Amen.

February 19: Transfiguration of Our Lord/Last Sunday after Epiphany

First Lesson: 2 Kings 2:1-12

Second Lesson: 2 Corinthians 4:3-6

Holy Gospel: Mark 9:2-9

Prayer of the Day: Almighty God, the resplendent light of your truth shines from the mountaintop into our hearts. Transfigure us by your beloved Son, and illumine the world with your image, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

February 26: First Sunday in Lent

First Lesson: Genesis 9:8-17

Second Lesson: 1 Peter 3:18-22

Holy Gospel: Mark 1:9-15

Prayer of the Day: Holy God, heavenly Father, in the waters of the flood you saved the chosen, and in the wilderness of temptation you protected your Son from sin. Renew us in the gift of baptism. May your holy angels be with us, that the wicked foe may have no power over us, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

Pastoral Acts

Memorial Service: Ken E. Weymier passed away January 11, 2012 and the service was January 30th.

Memorials General Memorial † In memory of Ken Weymier from Chuck & Lana Tencate

Readers:

February 5 Don Pardonner
February 12 Boy Scout Sunday
February 19 Lynne Luker
February 26 Keith Wickert

March 4 Tom MacDonald
March 11 Keith Wickert
March 18 George Cobb
March 25 Angela Foster

Ushers:

February 5 Clint & Judy Robison
February 12 Lawrie & Mary Kull
February 19 Lawrie & Mary Kull
February 26 Lon & Ruth Ann Kopitzke

March 4 Lon & Ruth Ann Kopitzke
March 11 Connie & Marlene Grow
March 18 Connie & Marlene Grow
March 25 Greg & Debbie Casperson

Altar Guild:

February – Jackie Hoekstra
& Marlene Mauer

March – Carol Williams

February Service Group

Co-chair:

Bob & Sharon Pluff 854-4292
Gary & Gayle Dooly 854-9675

Claire Baack 854-5700
Jerry & Eleanor Babel 854-5573
Wally & Rita Brandt 854-4078
Ken & Kaye Christman 868-9442
Sue Daubner 854-2109
Clink & Sharon Gall 746-4548
Nancy Goss 854-5776
Bruce & Bonnie Hanson 854-5009
Karl & Donna Johnson 854-4145
Ken & Pat Klitzman 823-2733
Werner & Sue Krause 854-5257
Robert & Sara Larsen 854-4586
Dick & Kathy Luther 854-5455
Jon & Marilyn Peterson 854-4657
James & Gloria Serkland 854-3535
Jean Swanson 854-5012
Richard & Beverly Tesnow 854-2197
Thor & Judy Thoreson 854-9778
Wally & Gina Vartanian 854-4104

March Service Group

Co-Chair:

Sharon Donegan 854-9320
Suzi Hass 421-1379

Don & Louise Buchholz 854-6051
David & Alysanne Burkhardt 854-4149
Robert & Joan Carlson 854-2419
Carol Champeau 854-4578
Gen Follingstad 421-0431
Ralph & Vivian Hartmann 854-5378
Jackie Hoekstra 421-1379
Lorraine Hoyt 854-5673
Don & Donna Koepsel 854-4609 or -9489
Eloise Lindem 854-4458
Vicki Michelsen & Jay Olson 421-1971
Jody Olson 854-5226
Gordon & Judy Reeves (920) 495-7372
Stacie Strojny 854-9375
Alice & Marv Volden 854-4233
Magdalene vonZychlin 854-5984
Eugene Wills 854-2671
Sherry Wilson 421-0431
Jerry & Joan Zaug 854-5281